



Who We Are

Stars Foundation has been offering full-time, in-school support programs for Aboriginal and Torres Strait Islander girls and young women since 2015.

The mission of Stars Foundation is to support and enable Aboriginal and Torres Strait Islander girls and young women to make active choices towards realising their full potential in all aspects of their development and wellbeing.

Our purpose is to improve education and health outcomes for Aboriginal and Torres Strait Islander girls.

What We Do

A good education lays the foundation for success in life, and achieving a higher level of education is one of the key factors most likely to reduce Indigenous disadvantage in Australia.

Stars supports Indigenous girls and young women to attend and remain engaged at school, complete Year 12, and move into full-time work for further study.

Our program is based on strong trusting relationships. The Stars Room provides a culturally safe, warm environment – a place where the girls and young women in our programs feel nurtured and inspired.

We provide a diverse range of activities to support Stars students to develop the self-esteem, confidence and life skills they need to participate successfully in school and move into a positive and independent future.

The Stars Plan

Stars offers a range of activities including exercise and sport, art, music and dance. Community and volunteering activities are also provided to support the girls to build their confidence and give them opportunities for personal growth.

The program is based around four key pillars of personal development:

- Healthy Lifestyles
- Wellbeing
- Employment, Education & Training
- Community, Culture & Leadership



The key to the success of the program are our full-time, on-site Mentors, who provide our girls with the intensive, daily support they need to identify and achieve their goals and reach their full potential.

PALMERSTON COLLEGE (Years 7-9) STARS PROGRAM

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